

[Please confirm the service team and offer readings to other participants.]

WELCOME TO THIS ANY-LENGTHS **STEPS 1, 2, & 3: WEDNESDAY** MEETING OF ALCOHOLICS ANONYMOUS.

My name is \_\_\_\_\_, I am an alcoholic, and I am your chairperson today. We meet here daily, at this time, to stay connected with the fellowship and to support the daily maintenance of our spiritual condition.

Now, let us begin with a moment of silence for those who still suffer in and out of the rooms, and together say the **Serenity Prayer**.

### **PRAYER**

Would everyone now please mute except when sharing or reading. To share or read, please use the "Raise Hand" button in the 'toolbar', under 'Reactions', or 'More' at the bottom of your screen. Then you will be prompted to unmute.

And now \_\_\_\_\_ has kindly agreed to read the **A.A. PREAMBLE**.

\_\_\_\_\_ has kindly agreed to read **HOW IT WORKS OR MORE ABOUT ALCOHOLISM**  
\_\_\_\_\_ has kindly agreed to read **THE TWELVE TRADITIONS**

Do we have any non-A.A. Visitors, such as students? If yes, we are glad you are here; we ask that you listen but not participate in the sharing part of our meeting. Thankyou.

Is anyone present new to A.A., this group, or returning to the program who would like to introduce themselves so we may welcome you?

Does anyone have an A.A. milestones or birthdays they would like to share with the group?<sup>s1</sup> **[Remind all after any celebrations]** Get a coin by filling out our form at [any-lengths.com/birthdays/](http://any-lengths.com/birthdays/)

On Wednesdays, we focus on our foundation—the first three steps of A.A.'s 12-Step program, which help us early in our recovery to construct what the Big Book describes as "the keystone of the new and triumphant arch through which we passed to freedom."

Each week, we invite a speaker to share for around 10 minutes on these three (3) steps.

Today, \_\_\_\_\_ has kindly agreed to share.

**[after speaker]<sup>s2</sup>**

Now we shall open it up for shares on these steps:

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.

- Please do not share more than once unless everyone has had a chance to do so.
- If you are moving around, or driving, you are welcome to listen in, but we ask that you turn your camera off, or use 'Zooms' 'safe driving mode' and share only when safely parked for the duration of your share.
- When sharing, please focus on your own experience, strength, and hope.
- Please avoid cross-talk, such as giving advice, criticizing, or interrupting when someone is sharing.<sup>s3</sup> The

meeting is now open for shares of up to 3 minutes.★ After this, you will see the "**TIME'S UP**" image on your screen—the signal to wrap up for the next person to share.

★ Adjust the share time as needed so everyone can share.

[PLEASE LEAVE AT LEAST 3 MINUTES FOR THE LAST PART OF THE SCRIPT AND CLOSE THE MEETING ON TIME.]

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Our time for today is up. Thank-you to today's service team, \_\_\_\_\_ and \_\_\_\_\_. And, thank-you to "Each Reader" and everyone who attended.

If you have a year or more of continuous sobriety, have completed the steps, and are available to sponsor, please type your name in the chat box with a way to contact you.

#### **Announcements:**<sup>S4</sup>

Please visit the website, [any-lengths.com](http://any-lengths.com) to

Make 7th tradition contributions to support the financial needs of the group.

Celebrate birthdays and milestones by requesting a coin.

Submit agenda items five days before our business meeting, the last Saturday of the month.

Request proof of attendance. And,

There are informal meetings at 5pm Pacific time, Thursdays, women in the Serenity and men in the Acceptance rooms.

Are there any other A.A. or Any-Lengths related announcements?

As a reminder, we open our meeting room 15-20 minutes before every meeting for prep and fellowship and keep it open for about 15 minutes after each meeting EVERY DAY for fellowship and to provide a less formal setting where newcomers may feel at ease talking or asking questions.

For those who stay, please be considerate, avoid gossip, and do not discuss people who are not present. Anonymity and respect keep our meetings a safe place.

**WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHEN YOU LEAVE HERE, PLEASE LET IT STAY HERE.**

Now \_\_\_\_\_ will read today's closing.

Now, after a moment of silence, let us unmute and close with the **Responsibility Statement.**

#### **PRAYER**

*THANK YOU FOR YOUR SERVICE!*

Please log onto the meeting at least 15 minutes early.

**RED** text indicates changeable text.

**GREEN** text indicates another service position also has responsibility.

**BLUE** text indicates **READ** and [**UNREAD**] instructions.

Underlined text indicates a hyperlink.

BY-LAWS SPECIFIC TO THIS MEETING
Seek speakers who can share their experience, strength, and hope in working through the first three steps of the program. Has at least 90 days of continuous sobriety and has not spoken at that meeting in six (6) months.
If the person does not attend, the Meeting Chair can use any chapter on Steps 1, 2, or 3 from the Twelve & Twelve.
Speakers should speak for approximately 10 minutes, or a time at the chair's discretion. No later than 12:30 Pacific Time.

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Chat Document For This Meeting

**S1** Once the introductions have been offered click on three (3) vertical dots at the bottom of the chat sidebar or pop out to change the Chat setting to **'Host and co-hosts'** and then post:

Chat: Our Group decided to limit the use of Chat during the sharing part of our meetings to the daily service teams. You can use it to reach them if needed. Full chat is re-enabled in the closing minutes of the meeting for exchanging contact info, announcements, sentiments, etc.

**S2** Post before the floor is open for general sharing. Usually followed by the 'sharing' post, so prepare that after posting this:

Steps 1, 2, and 3:

1. We admitted we were powerless over alcohol — that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.

Suggestions for sharing:

- What these three (3) steps meant when we came into the program
- Our experience with these three (3) steps
- What these three (3) steps mean to us now

The chairperson may occasionally request that the third (3rd) Step Promises and Prayer be posted. These are by request only: And it is up to the chat host to determine when best to share.

3rd Step Promises: "When we sincerely took such a position, all sorts of remarkable things followed. We had a new Employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and

designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were reborn."

3rd Step Prayer: "God, I offer myself to Thee—to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!"

**S3** Post as the chairperson opens the floor for sharing; and at various points throughout the sharing part of the meeting:

☞ For sharing, the chairperson may call on people randomly; anyone not wishing to share is free to pass. However, if you wish to or need to share, click "Raise Hand" (under 'Reactions' [PC] or 'More' [tablet/phone]). Raised hands will be selected in the order our chairperson determines.

**S4** Post as the chairperson begins reading the announcements:

- Participate in Any-Lengths service as positions become available! Access the roster, our meeting information, A.A. literature, daily readings, and more:
- website: <https://any-lengths.com/>.
- email: [service@any-lengths.com](mailto:service@any-lengths.com).
- 7th Tradition Contributions can be made using Zelle or PayPal and addressed to [anylengthswebmaster@gmail.com](mailto:anylengthswebmaster@gmail.com). • Celebrate your A.A. milestones and birthdays with us! Go to: <http://any-lengths.com/birthdays>.
  - Business Meeting: Submit agenda items five (5) days before, on the last Saturday of each month, 15 minutes after the daily meeting. All members can participate. <http://any-lengths.com/business/>.
- Questions or issues? Email us: [attendance@any-lengths.com](mailto:attendance@any-lengths.com).
- Need proof you attended today's meeting? - A.A. observers, students, and anyone directed to A.A. by legal officials may use our online request form: <http://any-lengths.com/poa>.
- Daily Meeting: Every day at 12:00 noon Pacific Time, Zoom meeting room ID 166 876 977 • Women's Informal Meeting: Every Tuesday at 17:30 Pacific Time, in the Acceptance Room, accessible only via the website.
- Men's Informal Meeting: Every Thursday at 17:00 Pacific Time, in the Acceptance Room, accessible only via the website.

When there are announcements from the business meeting:

Other announcements:

EXAMPLE

A new service roster is now open for members to sign up for daily service. Once all posts are made, change the chat setting to “**Everyone and anyone directly**” and post: Chat is open.