

[Please confirm the service team and offer readings to other participants.]

WELCOME TO THIS ANY-LENGTHS **TWELVE STEPS & TWELVE TRADITION: SUNDAY MEETING** OF ALCOHOLICS ANONYMOUS.

My name is \_\_\_\_\_, I am an alcoholic, and I am your chairperson today. We meet here daily, at this time, to stay connected with the fellowship and to support the daily maintenance of our spiritual condition.

Now, let us begin with a moment of silence for those who still suffer in and out of the rooms, and together say the **Serenity Prayer**.

### **PRAYER**

Would everyone now please mute except when sharing or reading. To share or read, please use the "Raise Hand" button in the 'toolbar', under 'Reactions', or 'More' at the bottom of your screen. Then you will be prompted to unmute.

And now \_\_\_\_\_ has kindly offered to read the **A.A. PREAMBLE**.

\_\_\_\_\_ has kindly offered to read **HOW IT WORKS, OR MORE ABOUT ALCOHOLISM**  
\_\_\_\_\_ has kindly offered to read **THE TWELVE TRADITIONS**.

Do we have any non-A.A. Visitors, such as students? If yes, we are glad you are here; we ask that you listen but not participate in the sharing part of our meeting. Thankyou.

Is anyone present new to A.A., this group, or returning to the program who would like to introduce themselves so we may welcome you?

Does anyone have an A.A. milestones or birthdays they would like to share with the group?<sup>S1</sup> **Remind all after any celebrations** Get a coin by filling out our form at any-lengths.com/birthdays/

On Sundays, we read from the **12 Steps and 12 Traditions**, with participants reading a paragraph or two before saying "pass." Please raise your virtual hand and the chairperson will call on readers in order. Please hold all remarks until the end of the reading. We shall stop reading in time for sharing afterward. Who would like to begin?

**[after reading]**<sup>S2</sup>

Now let us discuss what we have read.

- Please do not share more than once unless everyone has had a chance to do so. • If you are moving around, or driving, you are welcome to listen in, but we ask that you turn your camera off, or use 'Zooms' 'safe driving mode' and share only when safely parked for the duration of your share. • When sharing, please focus on your own experience, strength, and hope.
- Please avoid cross-talk, such as giving advice, criticizing, or interrupting when someone is sharing.<sup>S3</sup> The meeting is now open for shares of up to 3 minutes. ★ After this, you will see the **"TIME'S UP"** image on your screen—the signal to wrap up for the next person to share.

★ Adjust the share time as needed so everyone can share.

Our time for today is up. Thank-you to today's service team, \_\_\_\_\_ and \_\_\_\_\_. And, thank-you to "Each Reader" and everyone who attended.

If you have a year or more of continuous sobriety, have completed the steps, and are available to sponsor, please type your name in the chat box with a way to contact you.

**Announcements:**<sup>S4</sup>

Please visit the website, [any-lengths.com](http://any-lengths.com) to

Make 7th tradition contributions to support the financial needs of the group.

Celebrate birthdays and milestones by requesting a coin.

Submit agenda items five days before our business meeting, the last Saturday of the month.

Request proof of attendance. And,

There are informal meetings at 5pm Pacific time, Thursdays, women in the Serenity and men in the Acceptance rooms.

Are there any other A.A. or Any-Lengths related announcements?

As a reminder, we open our meeting room 15-20 minutes before every meeting for prep and fellowship and keep it open for about 15 minutes after each meeting EVERY DAY for fellowship and to provide a less formal setting where newcomers may feel at ease talking or asking questions.

For those who stay, please be considerate, avoid gossip, and do not discuss people who are not present. Anonymity and respect keep our meetings a safe place.

**WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHEN YOU LEAVE HERE, PLEASE LET IT STAY HERE.**

Now \_\_\_\_\_ will read today's closing.

Now, after a moment of silence, let us unmute and close with the **Responsibility Statement.**

**PRAYER**

*THANK YOU FOR YOUR SERVICE!*

Please log onto the meeting at least 15 minutes early.

**RED** text indicates changeable text.

**GREEN** text indicates another service position also has responsibility.

**BLUE** text indicates **READ** and [**UNREAD**] instructions.

Underlined text indicates a hyperlink.

BY-LAWS SPECIFIC TO THIS MEETING

The Twelve Steps and Twelve Traditions read from the book "Twelve Steps and Twelve Traditions" Copyright © 1952, 1953, 1981 by A.A. Grapevine Inc. and Alcoholics Anonymous World Services, Inc. SKU: b-2

<https://www.aa.org/twelve-steps-twelve-traditions>.

<https://any-lengths.com/wp-content/uploads/2022/09/AA-12-Steps-12-Traditions.pdf>

Last meeting of this book for the month will be from the corresponding tradition to the month.

All other meetings will be a reading of the step chapters in order.

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### Chat Document For This Meeting

**S1** Once the introductions have been offered click on three (3) vertical dots at the bottom of the chat sidebar or pop out to change the Chat setting to **'Host and co-hosts'** and then post:

Chat: Our Group decided to limit the use of Chat during the sharing part of our meetings to the daily service teams. You can use it to reach them if needed. Full chat is re-enabled in the closing minutes of the meeting for exchanging contact info, announcements, sentiments, etc.

**S2** Once the reading has concluded, post the Step and Chapter content of the chapter read that day.

[EXAMPLE]

Step Eight 77 "Made a list of all persons we had harmed, and became willing to make amends to them all." This and the next two Steps are concerned with personal relations. Learning to live with others is a fascinating adventure. Obstacles: reluctance to forgive; nonadmission of wrongs to others; purposeful forgetting. Necessity of exhaustive survey of past. Deepening insight results from thoroughness. Kinds of harm done to others. Avoiding extreme judgments. Taking the objective view. Step Eight is the beginning of the end of isolation.

The Last Sunday of the Month the Tradition for that month is read. It can be useful to share the long form of the tradition before the chapter's contents.

[EXAMPLE]

Tradition Eight 166 "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers." You can't mix the Twelfth Step and money. Line of cleavage between voluntary Twelfth Step work and paid-for services. A.A. could not function without full-time service workers. Professional workers are not professional A.A.'s. Relation of A.A. to industry, education, etc. Twelfth Step work is never paid for, but those who labor in service for us are worthy of their hire.

Tradition Eight Long Form

Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for.

**S3** Post as the chairperson opens the floor for sharing; and at various points throughout the sharing part of the meeting:

👋 For sharing, the chairperson may call on people randomly; anyone not wishing to share is free to pass. However, if you wish to or need to share, click "Raise Hand" (under 'Reactions' [PC] or 'More' [tablet/phone]). Raised hands will be selected in the order our chairperson determines.

**S4** Post as the chairperson begins reading the announcements:

- Participate in Any-Lengths service as positions become available! Access the roster, our meeting information, A.A. literature, daily readings, and more:
- website: <https://any-lengths.com/>.
- email: [service@any-lengths.com](mailto:service@any-lengths.com).
- 7th Tradition Contributions can be made using Zelle or PayPal and addressed to [anylengthswebmaster@gmail.com](mailto:anylengthswebmaster@gmail.com).
- Celebrate your A.A. milestones and birthdays with us! Go to: <http://any-lengths.com/birthdays>.
- Business Meeting: Submit agenda items five (5) days before, on the last Saturday of each month, 15 minutes after the daily meeting. All members can participate. <http://any-lengths.com/business/>.

- Questions or issues? Email us: [attendance@any-lengths.com](mailto:attendance@any-lengths.com).
- Need proof you attended today's meeting? - A.A. observers, students, and anyone directed to A.A. by legal officials may use our online request form: <http://any-lengths.com/poa>.
- Daily Meeting: Every day at 12:00 noon Pacific Time, Zoom meeting room ID 166 876 977
- Women's Informal Meeting: Every Tuesday at 17:30 Pacific Time, in the Acceptance Room, accessible only via the website.
- Men's Informal Meeting: Every Thursday at 17:00 Pacific Time, in the Acceptance Room, accessible only via the website.

When there are announcements from the business meeting:

Other announcements:

**EXAMPLE**

A new service roster is now open for members to sign up for daily service.

Once all posts are made, change the chat setting to "**Everyone and anyone directly**" and post: Chat is open.