

[Please confirm the service team and offer readings to other participants.]

WELCOME TO THIS ANY-LENGTHS **BIG BOOK: THURSDAY** MEETING OF ALCOHOLICS ANONYMOUS.

My name is _____, I am an alcoholic, and I am your chairperson today. We meet here daily, at this time, to stay connected with the fellowship and to support the daily maintenance of our spiritual condition.

Now, let us begin with a moment of silence for those who still suffer in and out of the rooms, and together say the **Serenity Prayer**.

PRAYER

Would everyone now please mute for the rest of the meeting, except when sharing or greeting. Mute and unmute using the microphone icon. Also, if you wish to share, please use the "Raise Hand" button in the 'toolbar', under 'Reactions', or 'More' at the bottom of your screen.

And now _____ has kindly offered to read the **A.A. PREAMBLE**.

_____ has kindly offered to read **HOW IT WORKS OR MORE ABOUT ALCOHOLISM**

_____ has kindly offered to read **THE TWELVE TRADITIONS**

Do we have any non-A.A. Visitors, such as students? If yes, we are glad you are here; we ask that you listen but not participate in the sharing part of our meeting. Thankyou.

Is anyone present new to A.A., this group, or returning to the program who would like to introduce themselves so we may welcome you?

Does anyone have an A.A. milestones or birthdays they would like to share with the group?^{s1} **[Remind all after any celebrations]** Get a coin by filling out our form at any-lengths.com/birthdays/

On Thursdays, we read from the '**Big Book**,' '**Alcoholics Anonymous**,' from which our fellowship gained its name. As the primary text of the A.A. program, we find it an invaluable resource and guide for ongoing study. Participants will now read a paragraph or two before saying "pass." Please hold all remarks until the end of the reading. We shall stop reading in time for sharing afterward. Who would like to begin? **[after reading]**^{s2}

Now let us discuss what we have read.

- Please do not share more than once unless everyone has had a chance to do so. ● If you are moving around, or driving, you are welcome to listen in, but we ask that you turn your camera off, or use 'Zooms' 'safe driving mode' and share only when safely parked for the duration of your share. ● When sharing, please focus on your own experience, strength, and hope.
- Please avoid cross-talk, such as giving advice, criticizing, or interrupting when someone is sharing.^{s3} The meeting is now open for shares of up to 3 minutes. ★ After this, you will see the "**TIME'S UP**" image on your screen—the signal to wrap up for the next person to share.

★ Adjust the share time as needed so everyone can share.

Our time for today is up. Thank-you to today's service team, _____ and _____. And, thank-you to "Each Reader" and everyone who attended.

If you have a year or more of continuous sobriety, have completed the steps, and are available to sponsor, please type your name in the chat box with a way to contact you.

Announcements:⁵⁴

- Are you interested in being of service or contributing to our group? Go to our website, any-lengths.com, to participate. Review the service roster and download the service positions' PDFs; training is available. • 7th Tradition contributions can be made using Zelle or PayPal. The 7th tradition states that every AA group ought to be fully self supporting, declining outside contributions. This helps us pay for expenses, like our website, zoom account and other important features our group provides to support sobriety.
 - Celebrate your A.A. sobriety birthdays and milestones with us using the online form. • Submit agenda items five (5) days before our business meeting, the last Saturday of each month. • There is an informal Womens meeting in the Serenity room and an informal Mens meeting in the Acceptance room, both Thursdays at 5pm Pacific • And meetings here every day at 12:00 noon Pacific Time.
- Are there any other A.A. or Any-Lengths related announcements?

As a reminder, we open our meeting room 15-20 minutes before every meeting for prep and fellowship and keep it open for about 15 minutes after each meeting EVERY DAY for fellowship and to provide a less formal setting where newcomers may feel at ease talking or asking questions.

For those who stay, please be considerate, avoid gossip, and do not discuss people who are not present. Anonymity and respect keep our meetings a safe place.

WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHEN YOU LEAVE HERE, PLEASE LET IT STAY HERE.

Now _____ will read today's closing.

Now, after a moment of silence, let us unmute and close with the [Responsibility Statement](#).

PRAYER

THANK YOU FOR YOUR SERVICE!

Please log onto the meeting at least 15 minutes early.

RED text indicates changeable text.

GREEN text indicates another service position also has responsibility.

BLUE text indicates **READ** and [**UNREAD**] instructions.

Underlined text indicates a hyperlink.

BY-LAWS SPECIFIC TO THIS MEETING

From the book "Alcoholics Anonymous." Copyright © 1939, 1955, 1976, 2001 by Alcoholics Anonymous World Services, Inc. SKU: b-1 <https://www.aa.org/the-big-book>.
<https://any-lengths.com/wp-content/uploads/2022/09/AA-BigBook-4th-Edition.pdf>

"Doctor Bob's Nightmare" can be read at the discretion of the meeting chair.

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Chat Document For This Meeting

S1 Once the introductions have been offered click on three (3) vertical dots at the bottom of the chat sidebar or pop out to change the Chat setting to '**Host and co-hosts**' and then post:

Chat: Our Group decided to limit the use of Chat during the sharing part of our meetings to the daily service teams. You can use it to reach them if needed. Full chat is re-enabled in the closing minutes of the meeting for exchanging contact info, announcements, sentiments, etc.

S2

S3 Post as the chairperson opens the floor for sharing; and at various points throughout the sharing part of the meeting:

👏 For sharing, the chairperson may call on people randomly; anyone not wishing to share is free to pass. However, if you wish to or need to share, click "Raise Hand" (under 'Reactions' [PC] or 'More' [tablet/phone]). Raised hands will be selected in the order our chairperson determines.

S4 Post as the chairperson begins reading the announcements:

- Participate in Any-Lengths service as positions become available! Access the roster, our meeting information, A.A. literature, daily readings, and more:
- website: <https://any-lengths.com/>.
- email: service@any-lengths.com.
- 7th Tradition Contributions can be made using Zelle or PayPal and addressed to anylengthswebmaster@gmail.com. • Celebrate your A.A. milestones and birthdays with us! Go to: <http://any-lengths.com/birthdays>.
- Business Meeting: Submit agenda items five (5) days before, on the last Saturday of each month, 15 minutes after the daily meeting. All members can participate. <http://any-lengths.com/business/>.
- Questions or issues? Email us: attendance@any-lengths.com.
- Need proof you attended today's meeting? - A.A. observers, students, and anyone directed to A.A. by legal officials may use our online request form: <http://any-lengths.com/poa>.
- Daily Meeting: Every day at 12:00 noon Pacific Time, Zoom meeting room ID 166 876 977
- Women's Informal Meeting: Every Tuesday at 17:30 Pacific Time, in the Acceptance Room, accessible only via the website.
- Men's Informal Meeting: Every Thursday at 17:00 Pacific Time, in the Acceptance Room, accessible only via the website.

When there are announcements from the business meeting:

Other announcements:

EXAMPLE

A new service roster is now open for members to sign up for daily service.

Once all posts are made, change the chat setting to "**Everyone and anyone directly**" and post: Chat is open.